
THE



RIGINALS

GLOW UP AS YOU GROW UP

~ *Rashi Parihar*

Every teenager wants a 'glow up' nowadays. They want to show all their friends and families how they have changed, and if not, they just want to look in the mirror and feel healthy and happy. Well, all of this comes with a cost. You need to work hard to achieve what you need. Everyone should follow a basic routine to stay healthy. Drinking at least two litres of water every day is a good place to start from. Eat healthy alternatives for your favorite snacks after you wake up and, most importantly, care for yourself. Appreciate yourself, love yourself and the world will love you. Little things matter. Call an old friend, you never know if they might be waiting for your call. Go for a run, your body needs it. Do things that make you happy, it does not matter how stupid they are. Paint a rock, steam your face, try a makeup look, and make dinner for yourself. Feeling accomplished is the happiest feeling, and being happy is essential for life. You can make someone's day better with the smallest efforts. Hold the door for a stranger. Tell somebody how

pretty they are, let someone go ahead of you in line, learn a joke and tell it to a barista or shopkeeper. Making someone smile will make you smile. Promise yourself to do one good deed a day. Always be the better man in the bigger picture. Forgive everyone that has ever hurt you. Forgive yourself for all the wrong things you have done, and understand not to do them again. Everyone makes mistakes but only some people have the strength to forgive. Give your friends and family a hug. They have been through a lot and they deserve it. Appreciate all the people in your life, whether a friend or a teacher or that one person that helped to cross a road. Gratitude is a necessity. Clean out your bedroom and donate the toys and clothes you do not need anymore because somebody out there really needs it. You can do good deeds all around you. You just need to wish for it to really happen. A glow up does not just mean a change in clothes and appearance; it means a change in personality. Change for the better to change the world for the better.

KENNELS OF IRRITATION

~ *Vardhiniie Jain*

We all have them: those small habits that grate our nerves, even when we know they should not. For me, it is playing music out loud in public.

As random and unimportant as they seem, pet peeves say a lot about who we are and what we value. When we really think about the origin of our pet peeves, we see that our grievance is not with random habits. We are annoyed because that habit reflects some attitude, value, or concept that contradicts our values. When we consider the deeper issues hidden behind our pet peeves, we learn a lot about our core values, which is important for navigating life. But we can also learn a lot about what we consider to be wrong. My pet peeves reflect my value of courtesy and consideration for others- it disturbs me when people do what they want heedless of others.

This may seem synonymous with valuing courtesy but it is not. There is a key difference between appreciating politeness and vilifying those with a freewheeling attitude. Playing music in public is no louder than construction, barking dogs, and thunder. And I do not curse the clouds every time it storms. So why does the music bother me so much?

The small things that grate our nerves- whether it be playing music out loud in public, slow walking, or interrupting- will always be annoying. But that does not mean they are not informative. It is important to remember that pet peeves can still be pet peeves even if they reflect something more than a mere annoyance.

THE ORIGINALS

WHATSAPP INDULGING IN ANTI-USER PRACTICES?

~ Srimita Saha

WhatsApp is regarded as one of the most dominant social platforms of our rapidly evolving society, where mobile applications have been armed with impenetrable technological prowess. With over two billion users across the globe, Whatsapp has enabled effective long-distance communication, authorizing us to keep in touch with our loved ones, regardless of the regional intervals. However, alongside digital reliability, our privacy plays an equally substantial act when it comes to technical security. According to recent incidents, it has been reported that Whatsapp has been allegedly indulging in anti-user practices by obtaining 'trick consent' for its updated notice of private policy. The government stated that the messaging platform has been forcing users against their will to accept the refurbished 2021 privacy policy, in order to relocate the existing user base committed to updated privacy policy. Users who remained firmly reluctant to accept the terms and conditions, were constantly assaulted with flash notifications at regular interludes. This action was unavowed by The Union government, who had avidly claimed that this policy distinctly violates the IT Rules. It persuaded the court to restrain WhatsApp from implementing this policy which supposedly invaded the individual's personal data, affirming that such behaviour is strictly iniquitous in the eyes of technological security and surveillance. Digital privacy is significantly crucial as it strays away from potentially hazardous sites capable of fraudulence and infiltration of privacy without prior agreement. As vital as it seems, are Whatsapp's deeds ethical according to public perceptions?

EVANESCENT NOSTALGIA

It has been an era since we locked eyes,
since we indulged in the elixir of connected emotions, while
our intellect failed to decipher the ever-present signs that we
sent to each other during our rendezvous.

It has been an era since we sent chatoyant glances at each
other during one so many assemblages,
as I spotted your comely attitude under your dulcet and
demure act,
all the while trying to contain my heart's ebullience at finally
catching a glimpse of your ethereal self.

It has been an era since we shared those ephemeral instances
of intimacy,
only to be separated the next moment, but that did not hinder
our affection from blooming.

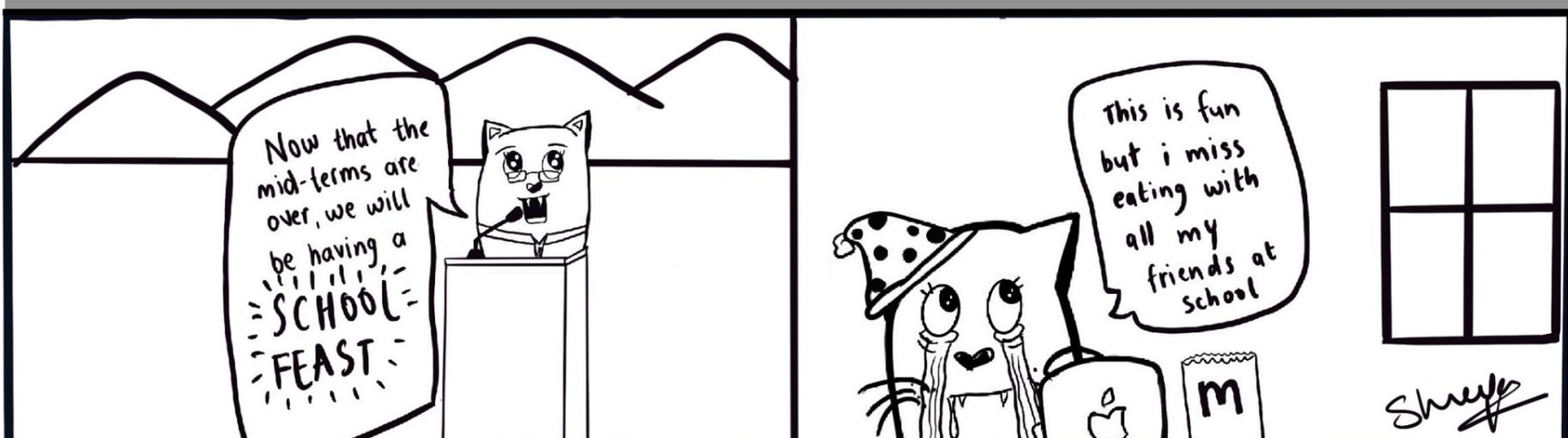
It has been an era and there are yet aeons left before it
happens again.

~ Ariel

JOURNEY THROUGH THE MYSTERIOUS GLOBE

- On 16th June, Ravi Shankar Prasad, the Union IT minister, confirmed that Twitter has failed to comply with the new IT rules in India.
- The highly infectious Delta variant of Covid-19 has now mutated further to form what scientists now call the 'Delta Plus' variant. The mutation makes it resistant to the currently authorized treatment for Covid-19 in India. However, due to its low incidence, scientists say that it is not an immediate cause of concern for India.
- On 16th June, Israel carried out airstrikes in Gaza for the first time since the 11-days of continuous strike last month. This was done in response to the launching of balloons by Hamas, a threat which caused 20 blazes near the Gaza border.
- In the NATO summit held on 14th June, heads of states and governments expressed their concern over China's 'coercive policies', human rights record and disinformation, calling the country a global security challenge.

OODLE DOODLE



~ Shreya Ranjan

THE ORIGINALS

ENDURANCE TO ACHIEVE

~ Shatakshi Singh

After staying at home for almost a year before returning to school, I felt as if I had missed two years of schooling and suddenly became the senior most with duties in my hands. Yes, it required some time to evolve while also holding responsibilities. I understood and accepted the challenge, but in just two months, we had to go back and do everything, this time virtually, all over again. As the vice-house captain of Santoshi House, it is not nearly as difficult for me, as well as for the entire council, to conduct or organize events virtually because we got to experience it last year. We, along with the school, are attempting to organize some fantastic activities in addition to studying so that we can all divert ourselves and be active in some way. It is every Santoshi House Captain's dream to wave the yellow flag, lead the march past, and return the sports trophy to its rightful place, and it is mine as well, but I do not know if that will be possible now, so I will try to make my house win as many events as possible, be it virtually. We have some incredible house events coming up this month, and nobody can stop Mistars from displaying their house spirits. I urge all of you to participate and make your house win!

PRIORITISE MENTAL HEALTH

~ Nirali Sawartha

Introverts are not the only ones who face anxiety. Social anxiety is not the only type of anxiety. Not everyone sweats when they are anxious. Not everyone knows they are anxious when in reality, they are. Socialites are also a victim of anxiety, just as much as those who cannot face crowds. They do not go dumb in front of a new crowd, they just cannot face the ones they know. Some people do not sweat when they are anxious, they just try extremely hard for it to gush out. They yell, they cry, they believe that once they can give it an opening it will leave them. Not everyone feels the same when they are anxious, some do not want to talk and others just want someone to be their listening ear. Some bite their nails till nothing is left to be chewed off, while others wait for the sound of shattering glass. Some feel like there is something missing in them, and some feel like they are full to the brim. You cannot tell them what to do when they are anxious just because it worked for you. All you can do is just be around. Hug them, talk to them and let them know that you are there for them no matter what. It is not a one-solution-fits-all, and we must recognize the different shapes these struggles assume. Lastly, approach an adult and get the help required. Mental health should never be taken lightly.

KNOW THE ASTROLOGY

~ Oprah Maibam

Have you experienced a downfall in your communication, daily routine, bizarre mood swings and social life in general, in the past few weeks? Well, it must be the summer Mercury retrograde! This astrological event imitates the planet Mercury to be rotating backwards in its orbit. Although it is just a mimicry, it engages us on ill-fated occasions. This year, Mercury retrogrades in Gemini, the twin zodiac which apparently is its "home placement" and lasts till June 22nd. So, what can we expect during this phase? Since Mercury represents travelling, technology and communication, expecting a Wi-Fi issue, overwhelming news, unexpected turn of relationships-family or friends-is considerable. Undoubtedly, this phenomenon will definitely make our lives go a little haywire. Moreover, the home placement on Gemini also depicts a more powerful impact than any other retrograde. This might not be the best time to plan something big, completely rely on technology or hustle things up. Regardless of this harsh reality, the fact remains that this event is a great time to have an impressive transformation to your better spiritual self. Light that incense or the scented candle stored in your lockers! Take a walk in your garden! Restart that old journal! Reflect on yourself! So that you realise, things do not get easier, we as individuals become stronger!

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Our Two Cents



BEAUTIFUL CONSENT

Victim blaming has been prevalent throughout India for as long as I can remember. If a girl is raped, for example, then it is always her fault for 'tempting' the guy into raping her by wearing clothes that show 'too much' skin, and let's not even talk about a guy being raped, because oh my lord, it is taboo! Or more like impossible in the eyes of the misogynistic public. Anyways, for this specific 'Our Two Cents', we are going to focus on the women, the men will join us in future issues, because there is only so much space in the newsletter. Back

to the point, does it not seem weird to blame it all on the girl who went through all the pain and embarrassment, while the guy who does not know the importance of consent is not really at fault in some sick thought process. Also seems a bit hypocritical to see people with the old mindset say, and I quote, "It's obviously not the guy's fault, she wore too less, he is a growing man and now because of her, HIS life is ruined", sure, the 'poor' guy has to go to jail because of HIS deeds and the girl losing public's respect and her dignity isn't much at all. Remember everyone, it is not the victim's fault, ✨ consent ✨ is beautiful.

RAPID FIRE

- Who played the main character in the movie Rustom?**
 - Akshay Kumar
 - Salman Khan
 - Shahrukh Khan
 - Aamir Khan
- Which key is used to move the cursor to the beginning of the next line?**
 - Enter key
 - Spacebar key
 - F12 key
 - Shift key
- Which of the following is the biggest sea animal?**
 - Blue whale
 - Dolphin
 - Shark
 - Penguin
- Kuchipudi is the dance form of which state?**
 - Tamil Nadu
 - Andhra Pradesh
 - Karnataka
 - Kerala
- Largest 3-digit number divisible by 7 is?**
 - 991
 - 992
 - 993
 - 994
- Gir National Park in Gujarat is famous for?**
 - Elephant
 - Rhinoceros
 - Lion
 - Tiger

ANSWERS: 1.A, 2.A, 3.A, 4.B, 5.D, 6.C.



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